

CANTERBURY SECONDARY SCHOOLS GYMNASTICS CHAMPIONSHIPS

Monday 10 June 2013

INFORMATION SHEET TWO (ARTISTIC, RHYTHMIC & TRAMPOLINE)

VENUE: Olympia Gymnastics Stadium, Corner Springs & Corsair Drive, Wigram

INFORMATION FOR COMPETITORS AND OFFICIALS

1. All competitors must be ready to report for their apparatus **30 minutes before** the estimated starting time. Assemble upstairs until your name has been called. There is no entry in to the competition area while others are competing. Late arrivals **may be scratched**. School Sport Canterbury's codes of behaviour apply this secondary school championship event.
2. **Dress:** - As detailed in Competition Requirements: 7 in Policies and Guidelines for the NZ Secondary Schools Gymnastics Championships. Competitors who infringe this dress code will not be permitted to compete.
3. Competitors must compete in the given order. Each competitor must wait for the judges signal before commencing his/her exercise, or he/she will be scored zero. If competitors are participating in two or more of the three disciplines, and their competition times clash, they should advise the Competition Manager (Regional Sports Directors') prior to the commencement of the day. The Competition Manager will resolve clashes with both sets of judges.
4. **Results:** These will be posted on the board near the recording room as soon as they become available. Results posted on the day are provisional. Full official results will be posted on the School Sport Canterbury website (www.canterbury.schoolsport.org.nz) from Wednesday onwards. **Certificates will be mailed to each school after the event and will not be available on the day.**
TEAMS: A team = maximum of 4 girls with the best 3 scores taken as the team score.
5. **USE OF EQUIPMENT** - Please ensure that all competitors are fully aware of the value of the equipment which has been readily loaned for the competition. **TAKE CARE NOT TO ABUSE OR DAMAGE EQUIPMENT PROVIDED.** Practice equipment will not be available. Gymnasts will be permitted on the equipment **only** at the direction of their Marshall.
6. Please make sure your students are warmed up and well prepared because if the programme runs ahead of time, it will carry straight on, disregarding the start time.

If you have any queries please contact us:

Telephone: 03 3754 861 **Mobile:** 0274 354 693/021 2660 222

Email: rsd@canterbury.schoolsport.org.nz

Website: <http://www.canterbury.schoolsport.org.nz>

PROGRAMME 2013

8.00am	Stadium Open		
8.30am	Warm Up:	Rhythmic: Trampoline	Club B & Open C Grades & Groups Grade C Men and Women
9.00am	Welcome & Opening		

ARTISTIC

10.30am	Stretch Levels 1, 2 & 3
11.00am	Competition
12.30am	Finish
1.00pm	Stretch Levels 4, 5, Int and Boys
1.30pm	Competition
3.00pm	Finish

RHYTHMIC

Please ensure all the competitors are 30 minutes early in case the grades are ahead of time and begin earlier than planned.

8.30am	Warm up Club B & Open C
9.00am	Compete Club B & Open C – two routines each
10.30am	Warm up International & Club A
11.00am	Compete International & Club A -3 routines each
1.00pm	Warm up Group
1.30pm	Compete Group
1.45pm	Finish

TRAMPOLINE

Please ensure all the competitors are 30 minutes early in case the grades are ahead of time and begin earlier than planned. Shorts and t-shirt or leotards, with white socks is compulsory.

8.30 am	Warm Up	Grade C only
9.00 am	Grade C Men and Women	20 Athletes, split into 2 flights
10.30am	Grade B Men and Women	30 Athletes, split into 2 flights
12noon	Warm-up	Grade A & Elite
1.00pm	Grade A and Elite Men and Women	30 Athletes, split into 2 flights
2.30pm	Finish	

Participating Schools: 20 Schools

AVSG	Avonside Girls' High School
BURN	Burnside High School
CASH	Cashmere High School
CATH	Catholic Cathedral College
CBHS	Christchurch Boys' High School
CGHS	Christchurch Girls' High School
COSC	Te Kura, Correspondence School
DARF	Darfield High School
KAIA	Kaiapoi High School
LINC	Lincoln High School
MARN	Marian College
PPNU	Papanui High School
RAHS	Rangiora High School
RNLS	Rangiora New Life School
RRGS	Rangi Ruru Girls' School
RICC	Riccarton High School
SHIR	Shirley Boys' High School
STAC	St. Andrew's College
STMG	St Margaret's College
VILL	Villa Maria College